

Battle

Artist: Beats Antiques

Album: Tribal Derivations

Choreography: Nayana

the SOUL studio
thesoulstudio.net



Combo A

Start in Lotus Base with Temple at Ribs.

1-16: Hold

1-4: R Offering Arm then raise R to Temple Overhead.

5-8: L Offering Arm then raise L to Temple Overhead.

1-4: Head Slide R-L-R-L.

5-8: Release arms to Modified T while executing two CCW Rib Circles.*

1-4: Rib Slide R-L-R-L while "walking" feet in toes-heels-toes-heels.**

5-8: Change arms to Rounded Framing Hip R while executing R Hip Lift front-back-front-back.***

** Modification: one slow CCW Rib Circle*

*** Modification: remove Rib Slides when first learning and/or just walk feet in R-L-R-L*

**** Modification: R Hip Lift front-pause-back-pause*

Combo B

1-4: R Choo Choo (with corresponding arms).

5-8: Change arms to Rounded Framing Hip R while executing R Hip Drop x4.

1-4: Change arms to Rounded Framing Hip Center while executing Shoulder Roll Forward Alternating R-L. Bend slightly forward at hinge of waist.<

5-8: Continue Shoulder Roll Forward Alternating R-L with slightly forward bend.

1-4: Bhangra Shoulder Bounce while unbending.<<

5-8: Change arms to Modified T while executing Shoulder Shimmy.

< Counts: Use two counts for each shoulder roll forward R (1-2), L (3-4), R (5-6), L (7-8)

<< Counts: Use & counts for Bounce (1&2&3&4&)

Combo C

1-4: L Choo Choo (with corresponding arms).

5-8: Pivot Bump (on left hip, turn CCW) to face back of stage.

1-8: Camel ATS.

1-2: Slide L leg out and bend down in lotus base while executing L Snake Arm.

3-4: R Snake Arm.

5-6: L Snake Arm.

7-8: Slide L leg in and come to full stance while executing R Snake Arm.

Combo D

Start facing back of stage (from Combo C).

1-4: Sharp Hips (start L-R-L-R) traveling backward (toward audience).

5-8: Pivot Bump (on left hip, turn CCW) to face audience.

1-4: L Hip Lift Ronde de Jambe, step back.

5-8: R Hip Lift Ronde de Jambe, step back.

1-4: L Hip Lift Ronde de Jambe, step back.

5-8: R Hip Lift Ronde de Jambe, step center.

1-8: Hip Up/Down Shimmy.

1-4: Punch R shoulder, L shoulder, R, shoulder, L shoulder.

5-6: Continue punch R shoulder, L shoulder while coming back into lotus starting position.

7-8: Bring hands together to starting position and hold for last count.

Return to beginning and repeat.