

Boys

Artist: Britney Spears

Album: Britney

Choreography: Nayana

the **SOUL** studio
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Walk and Lift

Start with arms loose at hips, weight evenly distributed, facing the audience.

1-16: Hold

1-4: Walk forward R-L-R with sass. Hip Lift L.

5-8: Walk back L-R-L with attitude. Hip Lift R.

1-4: Walk forward R-L-R with sass. Hip Lift L.

5-8: Walk back L-R-L with attitude. Hip Lift R.

Shoulder Play

Tip: During next 16 counts, arms are relaxed table top and angle with the body to slightly frame the hip during lifts.

Tip: Shimmy shoulder up/down leading with the shoulder specified while slightly angling torso so shoulder specified shoulder is toward the front same corner and opposite shoulder is angled toward the back corner.

1-4: Up/Down Shoulder Shimmy R-2-3. Hip Lift L.

5-8: Up/Down Shoulder Shimmy L-2-3. Hip Lift R.

1-4: Up/Down Shoulder Shimmy R-2-3. Hip Lift L.

5-8: Up/Down Shoulder Shimmy L-2-3. Hip Lift R.

Shimmy, Whirl and Circle

1-4: Up/Down Hip Shimmy while raising arms from relaxed Table Top, out to T, and up to Ra's Crown.

5-8: Arm Whirl w/ CCW Turn (x2) to face the back.

1-4: Up/Down Hip Shimmy as lowering arms from Ra's Crown, out to T, and down to relaxed Table Top.

5-8: Hip Circle (x2) in a Circle (CCW) to face the audience.

Bumps, Amayas, and Camels

1-8: Travel slightly forward to audience with Double Hip Bump (R hip bump-bump. L hip bump-bump. R hip bump-bump. L hip bump-bump.)

1-8: Amaya.

1-8: Walk back slowly with camel/Arabic (x4) and arm plunge.

Diva on Speed

1-4: Oomi (x2).

5-6: Head Whirl with 1/2 turn L to face back.

7-8: Oomi.

1-2: Step R foot to the R and slide L foot to meet it.

3-4: Ronde de Jambe L leg (front to back) with 1/2 turn L to face audience.

5-8: Rib Slide R-L. Rib Lift. Rib Drop.

1-4: Step R foot to the R and slide L foot to meet.

5-8: Rib Slide R-L. Rib Lift. Rib Drop. (Make sure to shift weight onto L so R foot is ready!)

Ronde de Drop-Drop

1-2: Ronde de Jambe R leg to the back and slightly step back so weight shifts to the R leg.

3-4: L Hip (which is in front) Drop-Drop.

5-6: Ronde de Jambe L leg to the back and slightly step back so weight shifts to the L leg.

7-8: R Hip (which is in front) Drop-Drop.

1-2: Ronde de Jambe R leg to the back and slightly step back so weight shifts to the R leg.

3-4: L Hip (which is in front) Drop-Drop.

5-6: Ronde de Jambe L leg to the back and slightly step back so weight shifts to the L leg.

7-8: R Hip (which is in front) Drop-Drop.

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Repeat

- Walk and Lift
- Shoulder Play
- Shimmy, Whirl and Circle
- Bumps, Amayas and Camels
- Diva on Speed
- Ronde de Drop-Drop

Interlude

1-4: R Maya Walk (x2).

5-6: Roll R shoulder front. Roll L shoulder front.

7-8: Roll both shoulders back and undulate down.

1-4: Box Step (cross R over L, step L back, step R side, L point).

5-8: L hip scoop and L hip drop-drop.

1-4: L Maya Walk (x2).

5-6: Roll L shoulder front. Roll R shoulder front.

7-8: Roll both shoulders back and undulate down.

1-4: Box Step (cross L over R, step R back, step L side, R point).

5-8: R hip scoop and R hip drop-drop.

Repeat

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- Shimmy, Whirl and Circle
- Bumps, Amayas and Camels
- Diva on Speed
- Ronde de Drop-Drop