

Escape from the Embassy

Artist: John Powell

Album: Borne Identity Sountrack

Choreography: Nayana

the SOUL studio
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Combo A

Wait for soft pigeon cooing, on first beat AFTER the coo, start movement.

Start with weight primarily on left foot. R arm in Half T at rib level; L arm down at side.

1-2: Step R foot forward and slide/pulse Ribs R-R.

3-4: Change arms to L arm in Half T, R arm at side. Step L foot forward and slide/pulse Ribs L-L.

5-6: Change arms to R arm in Half T, L arm at side. Step R foot forward and slide/pulse Ribs R-R.

7-8: Change arms to L arm in Half T, R arm at side. Step L foot forward and slide/pulse Ribs L-L.

Combo B (FAST on little beats)

1: Slide Ribs R-Forward (start of CCW Rib Rotation)

&2: Undulate Down

&3: Undulate Up

&4: Slide Rib R-L

&5&6: Corkscrew CW

Breakdown: Slide Ribs Forward-R-Back (CW Rib Rotation)

Breakdown: Slide Hips Back-L-Forward-R (CW Hip Rotation)

Tip: There will be a slight overlap of the movements between the Ribs/Hips

&7&8: Maya R-L-R-L

&1&2: CCW Oomi-Oomi

&3: Undulate Up

&4: Slide Rib R-L

&5&6: Corkscrew CCW

Breakdown: Slide Ribs R-Forward-L (CCW Rib Rotation)

Breakdown: Slide Hips R-Forward L (CCW Hip Rotation)

Tip: There will be a slight overall of the movements between the Ribs/Hips

&7&8: Maya R-L-R-L

&1: CCW Oomi

Combo C

1-2: Step R foot back and R hip drop-drop.

3-4: Step L foot back and L hip drop-drop.

5-6: Step R foot back and R hip drop-drop.

7-8: Step L foot back and L hip drop-drop.

1-2: R Amaya with R hip to corner 1 with matching arms.

3-4: L Amaya with L hip to corner 3 with matching arms.

5-6: R Amaya with R hip to corner 2 with matching arms.

7-8: L Amaya with L hip to corner 1 with matching arms.

1-4: R Fifi (feet down up-up-up) with matching arms.

5-8: Repeat R Fifi (feet down up-up-change) with matching arms.

1-4: L Fifi (feet down up-up-up) with matching arms.

5-7: Repeat L Fifi (feet down-up-up) with matching arms.

8-2: Continue L Fifi while turn $\frac{1}{4}$ turn L to face L wall (feet up-up-up) with matching arms.

Combo D

- 1-2: R arm in Half T at rib level; L arm down at side. Step R foot forward and slide/pulse Ribs R-R.
- 3-4: Change arms to L arm in Half T, R arm at side. Step L foot forward and slide/pulse Ribs L-L.
- 5-6: Change arms to R arm in Half T, L arm at side. Step R foot forward and slide/pulse Ribs R-R.
- 7-8: Change arms to L arm in Half T, R arm at side. Step L foot forward and slide/pulse Ribs L-L.

- 1: Slide Ribs R-Forward (start of CCW Rib Rotation)
- &2: Undulate Down
- &3: Undulate Up
- &4: Rib lift-lift (or pop-pop)

- 1-2: R arm in Half T at rib level; L arm down at side. Step R foot back and slide/pulse Ribs R-R.
- 3-4: Change arms to L arm in Half T, R arm at side. Step L foot back and slide/pulse Ribs L-L.
- 5-6: Change arms to R arm in Half T, L arm at side. Step R foot back and slide/pulse Ribs R-R.
- 7-8: Change arms to L arm in Half T, R arm at side. Step L foot back and slide/pulse Ribs L-L.

Combo E

- 1-2: R Amaya with R hip to corner 1 with matching arms.
- 3-4: L Amaya with L hip to corner 3 with matching arms.
- 5-6: R Amaya with R hip to corner 2 with matching arms.
- 7-8: L Amaya with L hip to corner 4 with matching arms.

Remaining combos yet to be choreographed.